



TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max)
NEW BRITAIN-BERLIN YMCA (MUST BE 15 YEARS OF AGE TO PARTICIPATE)

WHEN: Wednesday, April 15th 10am-10pm (Pre-test)

Thursday, April 16th 10am-10pm Friday, April 17th 10am-10pm

PRICE: Members-\$350.00

Program Members- \$350.00 Non-Members- \$350.00

Pre-Test: ALL participants must pass to participate in course.

Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve 10lb object).

LOCATION: NEW BRITAIN-BERLIN YMCA

50 High Street

New Britain, CT 06051 860-229-3787 x145 ajordan@nbbymca.org

